



Mineral water trails

CHALZINA

NATURAL MINERAL SPRING

NAME

The origin of the name Chalzina is questionable. It is certain, however, that it has nothing to do with the Romansh *chaltschina*, or *limestone* in English.

TYPE OF SPRING

Naturally carbonated mineral water with calcium and hydrogen carbonate

MAIN COMPONENTS

Sodium Na ⁺	15 mg/l
Calcium Ca ²⁺	265 mg/l
Magnesium Mg ²⁺	39 mg/l
Chloride Cl ⁻	37 mg/l
Hydrogen carbonate HCO ₃ ⁻	884 mg/l
Sulphate SO ₄ ²⁻	32 mg/l

PARTICULARITIES

The Chalzina spring is located about 60 metres from this site on the right bank of the Chalzina stream and is fed together with the water from the Tulai spring to the village fountain of Bügl Grond and for bathing purposes to the Bogn Engiadina.

Since the water of the Chalzina spring is not very strongly mineralised, it can be recommended – together with the water of the Tulai spring – as «beginners' mineral water». It has a pleasant taste and the natural carbonic acid has a refreshing effect.

*«Be praised, My Lord,
through Sister Water;
she is very useful, and humble,
and precious, and pure.»*

Franz of Assisi (1181 – 1226)